

Support Groups

FALL 2018

Bereavement Support Groups

Unless otherwise noted, our support groups are open to anyone who has had a loved one die. Groups are subject to change. *Please call to verify time and location.*

Adult Support Groups

Circle of Hope

SERIES An educational support group for adults who have had a loved one die. *Please call the facilitator listed below for more information. Registration is required no later than a week prior to start date.*

Ashtabula Office

Wednesdays, November 7 – December 12,
10:30 a.m. to Noon

☎ Susan Hamme 440.596.3582

The Elisabeth Severance Prentiss Bereavement Center

Thursdays, October 11 – November 15,
10 to 11:30 a.m.

☎ Vanessa Smylie 216.763.6441

Lakeshore Campus

Mondays, September 24 – October 29,
6 to 7:30 p.m.

☎ Tensie Holland 216.383.3741

The Robertson Bereavement Center

Tuesdays, November 13 – December 18,
6:30 to 8 p.m.

☎ JoDee Coulter 330.662.4240

Solon

Cuyahoga County Public Library, Solon Branch 34125 Portz Parkway, Solon

Thursdays, September 27 – November 1,
6:30 to 8 p.m.

☎ Mary Murphy 216.763.6442

West Campus

Mondays, October 29 – December 3,
6:30 to 8 p.m.

☎ Judy Beckman 440.414.1731

Circle of Hope

Art Therapy Edition

SERIES Six-week art and educational support group for adults who have had a loved one die.

The Elisabeth Severance Prentiss Bereavement Center

Wednesdays, October 17 – November 21,
10 a.m. to Noon

☎ Mollie Borgione 216.486.6544 or
mborgione@hospicewr.org

Hope & Healing

MONTHLY An on-going monthly support group for grieving adults. *Registration is not required. Please call facilitator for more information.*

Lakeshore Campus (New Day)

Third Tuesday of the month, 6 to 7:30 p.m.

☎ April Ratcliffe 216.383.3782

The Robertson Bereavement Center

Second Tuesday of the month, 3 to 4 p.m.

☎ Theresa Suing 330.241.6282

East Side (Please call for location)

Second Tuesday of the month, 10 to 11 a.m.

☎ Lisa Florjancic 440.853.5365

Parent Loss

MONTHLY For adults adjusting to life after the death of one or both parents.

West Campus

Second Tuesday of the month, 6:30–8 p.m.

☎ Judy Beckman 440.414.1731

Parent Loss Workshop

SPECIAL Two support sessions for adults adjusting to life after the death of their parent.

East Side (Please call for location)

Tuesdays, October 16 & 23, 1 to 2 p.m.

Register by October 9

☎ Lisa Florjancic 440.853.5365

Parents Together

MONTHLY For parents who have experienced the death of an adult child.

Lakeshore Campus

Second Thursday of the month, 2:30 to 4 p.m.

☎ Tensie Holland 216.383.3741

Sibling Loss Workshop

SPECIAL Two support sessions for adults adjusting to life after the death of their sibling.

East Side (Please call for location)

Thursdays, November 8 & 15, 1 to 2 p.m.

Register by November 1

☎ Lisa Florjancic 440.853.5365

Hopeful Hearts

MONTHLY For anyone age 60 and over who has experienced the death of someone special in the past two years.

Avon Lake

Holy Spirit Parish Center

410 Lear Road, Avon Lake

Fourth Tuesday of the month, 1–2:30 p.m.

☎ Mary Ellen Jordan 440.414.1737

New Beginnings

MONTHLY For adults in middle life who have experienced the death of a spouse, partner or significant other.

West Campus

Second Wednesday of the month,
6:30–8 p.m.

☎ Mary Ellen Jordan 440.414.1737

KEY

SERIES Registration is required. Please call facilitator listed for more information.

MONTHLY Please call to confirm group.

SPECIAL Registration may or may not be required. Please call facilitator listed to learn more.



HOSPICE OF THE WESTERN RESERVE

THE ELISABETH SEVERANCE PRENTISS BEREAVEMENT CENTER
300 East 185th Street
Cleveland, OH 44119-1330
216.486.6838

THE ROBERTSON BEREAVEMENT CENTER
5075 Windfall Road
Medina, OH 44256
330.725.1900

AMES FAMILY HOSPICE HOUSE
30080 Hospice Way
Westlake, OH 44145-1077
440.414.7349 or 835.281.5727

ASHTABULA OFFICE
1166 Lake Avenue
Ashtabula, OH 44004-2930
440.997.6619

DAVID SIMPSON HOSPICE HOUSE AND LAKESHORE CAMPUS
300 East 185th Street
Cleveland, OH 44119-1330
216.383.2222 or 800.707.8922

HEADQUARTERS
17876 St. Clair Avenue
Cleveland, OH 44110
216.383.2222 or 800.707.8922

LORAIN COUNTY OFFICE
2173 N. Ridge Road E., Suite H
Lorain, OH 44055-3400
440.787.2080

HMC HOSPICE OF MEDINA COUNTY
5075 Windfall Road
Medina, OH 44256
330.722.4771

WEST CAMPUS
22730 Fairview Center Drive
Fairview Park, OH 44126
216.227.9048

New Journey

MONTHLY For adults of any age who have experienced the death of a spouse, partner or significant other.

Ashtabula
St. Paul's Lutheran Church
89 East Satin Street, Jefferson
First Thursday of the month,
11 a.m.-12:30 p.m.

☎ Susan Hamme 440.596.3582

The Elisabeth Severance Prentiss Bereavement Center
Fourth Thursday of the month, 10-11:30 a.m.
☎ Kathryn Harrison Brown 216.486.6331

Horizons

MONTHLY For adults in late life who have experienced the death of a spouse, partner or significant other.

Mayfield Village Baptist Church
6500 Highland Road, Mayfield
Second Tuesday of the month, 1-2:30 p.m.

☎ Kathryn Harrison Brown 216.486.6331

Senior Workshop

SPECIAL A grief workshop for seniors who have suffered losses. Come for discussion, support and comfort. We meet once every three months. *Refreshments served. Registration is required.*

Lakewood Senior Center
16024 Madison Ave, Lakewood
Thursday, October 18, 1 to 2:30 p.m.

☎ Judy Beckman 440.414.1731

Women's Workshop

SPECIAL A periodic workshop for women who have lost their partner, significant other or spouse. *Please call for date and to register.*

Panera Bread
19705 Center Ridge Road, Rocky River
6 to 8 p.m.

☎ Judy Beckman 440.414.1731

Restoring Hope: When a Loved One Dies From an Overdose

SERIES Five-week group for those adults who have had a loved one die from an overdose death. *Registration is required.*

The LCADA Way
Avon Lake Wellness Center
525 Avon Belden Road, Suite 1, Avon Lake
Wednesdays, October 3-31, 6:30 - 8 p.m.
Register by September 28

☎ Judy Beckman 440.414.1731

Healing and Well-Being Through the Heart of a Horse

SPECIAL Join us for a day of healing and well-being through the compassionate heart of the horse and calming beauty of nature.
Saturday, September 22, 9 a.m. to 4 p.m.

Pebble Ledge Ranch
9725 Cedar Road, Novelty
☎ Please call 216.486.6838 to register by September 14.

Who Am I?

SERIES A five-week group for those who are trying to rediscover personal interests, explore new opportunities and identify support systems and tools to help since the death of your loved one. Come brainstorm, share and discover new ideas and resources with the group. There will be independent assignments most weeks. Recommended for those whose loss was six months ago or more. *Registration is required.*

Ashtabula Office
Mondays, October 1-29, 10 to 11:30 am
Register by September 24
☎ Susan Hamme 440.596.3582

An Evening Overlooking the Lake: Coloring for Comfort

SPECIAL Join us for an evening of Coloring for Comfort.

Lakeshore Campus
Thursday, October 18, 6 - 7:30 p.m.
Register by October 12
☎ Tensie Holland 216.383.3741

Walking with Grief

SPECIAL Getting moving after the loss of a loved one can be a challenge and there are so many benefits to walking. Why not take the first step and join others who are grieving for friendship, motivation and some sharing. Weather permitting.

Mugrage Park (meet at the Pavillion)
4985 Windfall Road, Medina
Tuesdays, September 11 & 25, 9 a.m.
☎ JoDee Coulter 330.662.4240

Yoga Matters

Designed for caregivers & bereaved.
ONGOING Give yourself the gift of time and attention. The practice of Yoga helps you tune into yourself and take care of your physical, emotional and spiritual needs. Classes held at Hospice of the Western Reserve Lakeshore Campus.

Wednesdays, 5:30 to 6:45 p.m.
Fee: \$40/month or \$12 Drop-in
(sliding scale fee available)
☎ Please call 216.486.6838.



Art for Relaxation: Singing Bowls & Gratitude Flags



Kids Art: Memory Frames



Fabric and Feelings

Healing Arts Workshops FALL 2018

Healing Arts Workshops provide grieving people with a creative outlet for their grief and are open to the community. No art experience is necessary. Please call **Mollie Borgione** at 216.486.6544 or email her at mborgione@hospicewr.org to register no later than four days in advance of workshop date. *Suggested \$5.00 donation for supplies.*



Fabric and Feelings

ON-GOING A group where participants use fabric techniques such as quilting (sometimes with clothing from loved ones) or photo transfer to create quilts, pillows, dolls and other types of lasting memories. *Sewing expertise is not necessary.*

The Elisabeth Severance Prentiss Bereavement Center
Weekly – Thursdays, 2 to 4 p.m.

Memory Jewelry

Jewelry has been used to symbolize and be a reminder of love and relationship since ancient times. Create a necklace, bracelet, or a rearview mirror hanger in memory of your loved one. You may incorporate a 1” photo or jewelry items that belonged to your loved one if you wish.

West Campus
Tuesday, October 16, 6:30 to 8:30 p.m.

Christ Episcopal Church
3445 Warrensville Center Rd, Shaker Heights
Wednesday, October 24, 6 to 8 p.m.
Please note the time.

The Elisabeth Severance Prentiss Bereavement Center
Thursday, October 25, 6:30 to 8:30 p.m.



Memory Jewelry

Art for Relaxation: Singing Bowls & Gratitude Flags

In this music and art therapy collaboration, you will experience the soothing sounds of “singing” bowls which originated from Tibet. In that same spirit, you will then have the opportunity to symbolize or write out your gratitude on colored pieces of cloth based on Tibetan prayer flags.

The Elisabeth Severance Prentiss Bereavement Center
Thursday, November 8, 6:30 to 8:30 p.m.

Christ Episcopal Church
3445 Warrensville Center Rd, Shaker Heights
Wednesday, November 14, 6 to 8 p.m.
Please note the time.

West Campus
Tuesday, November 20, 6:30 to 8:30 p.m.

Kids Art: Memory Frames

Participants will paint and decorate a wood frame in remembrance of your loved one. If you have one, bring a 4”x 6” photo for the frame and a story of you and your loved one to share. *Ages 6+. Kids are invited to bring family members along for this workshop. Light refreshments provided.*

The Elisabeth Severance Prentiss Bereavement Center
Tuesday, October 30, 6:30 to 8:30 p.m.

West Campus
Tuesday, November 6, 6:30 to 8:30 p.m.

SAVE THE DATE!

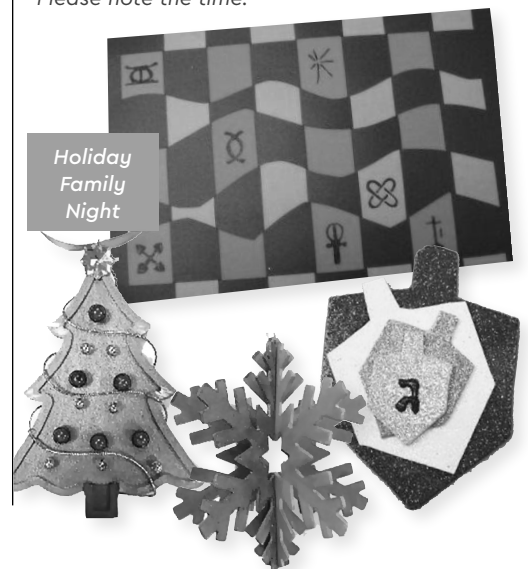
Holiday Family Night: Multi-Traditional Holiday Decorations

December 2018 is full of holidays! Whether you celebrate Bodhi Day, Winter Solstice, Hanukkah, Christmas or Kwanzaa, come share your special holiday memories by creating a holiday decoration or ornament that reflects your religious or spiritual tradition.

West Campus
Tuesday, December 4, 6:30 to 8:30 p.m.

The Elisabeth Severance Prentiss Bereavement Center
Thursday, December 6, 6:30 to 8:30 p.m.

Christ Episcopal Church
3445 Warrensville Center Rd, Shaker Heights
Wednesday, December 12, 6 to 8 p.m.
Please note the time.



Holiday Family Night