

# Reiki I



HOSPICE  
OF THE  
WESTERN  
RESERVE

**Saturday, February 23, 2019**  
**9:00 a.m. – 4:00 p.m.**  
**Ames Family Hospice House**  
**30080 Hospice Way**  
**Westlake, OH 44145**

Training lead: Reiki Master, Libby White, with support from additional Reiki Masters. Continuing Education credits are available for nurses. Reiki, a Japanese hands-on healing art, offers patients and caregivers general relaxation, stress reduction, comfort and gentle touch. This is an introduction course, giving participants an experience of Reiki and getting acquainted with its practices.

## Program Objectives

### **Upon completion, the participant should be able to:**

- Define Reiki and its origins
- Describe energy systems
- Apply Reiki attunement
- Demonstrate and apply basic hand positions of Usui Reiki
- Demonstrate Reiki hand positions for self-care
- Demonstrate understanding of Reiki applications
- Demonstrate an understanding and agreement with Reiki Ethics
- Explain Reiki Practice settings and demonstrate flexibility with Reiki in a variety of settings

**Registration Fee \$50.00 payable to Hospice of the Western Reserve must be received by Friday, February 15**

**Questions?**  
Please contact  
Tina Thonnings  
at 216-383-3729

### **CEUs available for Registered Nurses**

*Class maximum: 18 participants*  
*To register, contact the Volunteer Team at 216.383.5280 or*  
*[volunteersvp@hospicewr.org](mailto:volunteersvp@hospicewr.org)*



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