

HEALING ARTS WORKSHOP

Art for Relaxation: Kirigami

A *Virtual* Healing Arts Workshop



Kirigami is a variation on Origami, the Japanese art of paper-folding. Kirigami involves cutting concentric paper circles in interesting ways, then curling and manipulating the paper and the cut-out parts to make an intricate 3-D paper sculpture. It looks complicated but is simple to make. The focus will be on the creative process.

Thursdays, March 11 and 18, 6 to 7:30 p.m.

Tuesdays, March 16 and 23, 6 to 7:30 p.m.

For these virtual workshops, we are using the Microsoft Teams platform, which is similar to Zoom. If you register for the workshop, you are sent an email invitation which provides a link to join the workshop. Each workshop consists of two sessions, a week apart. At the first session, a theme or topic is introduced, and we have a discussion. You will be given instructions on the art assignment for the week, and the basic supplies you will need will be shipped to you. We get back together the second session to share and talk about your art. The supplies will be new and yours to keep.

Call **Mollie Borgione** at **216.486.6544** or email **mborgione@hospicewr.org** to register no later than two weeks in advance of workshop date. Please make sure to include your home address so that supplies can be mailed to you.

*We have waived our suggested \$5.00 donation for supplies during the pandemic; However, if you wish to make a donation to the Healing Arts Program of Hospice of the Western Reserve, go to our website, hospicewr.org and click on **Donate Now** to find out how.*



WESTERN RESERVE
GRIEF SERVICES

Healing Arts Workshops provide grieving people with a creative outlet for their grief and are open to the community. No art experience is necessary.



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