HEALING ARTS WORKSHOP

Art for Relaxation: Gratitude Bowls A Healing Arts Workshop



November is our traditional month for giving thanks. At this workshop, fashion and paint an airdry clay bowl in which you can place little notes of gratitude, prayers, or memories for the gifts you have been given.

VIRTUAL

BOTH Wednesdays November 10 and 17 6 to 7:30 p.m.

Virtual groups will be held using Microsoft Teams.

IN PERSON

BOTH Thursdays November 11 and 18 6:30 to 8 p.m.

Elisabeth Severance Prentiss Bereavement Center 300 East 185th Street Cleveland, 44119

IN PERSON

BOTH Tuesdays November 16 and 23 6:30 to 8 p.m.

West Campus 22730 Fairview Center Drive Fairview Park, 44126

maps on reverse.

Each group meets twice, one week apart. In the first session we will discuss aspects of grief and healing, and instruction will be provided on the art project to be completed on your own. In the second session, participants will discuss their process and share their art. Registration is required for all groups and participants will be limited.

VIRTUAL

- Registered participants will receive a link via email that will allow you to join at the time of
- Art materials will be mailed to your home. Be sure to include your mailing address when
- Register no later than two weeks in advance of virtual group start date

IN PERSON

- Masks are required and social distancing will be maintained
- · Art materials will be provided during the first
- Register no later than one week in advance of group start date
- In person workshops are subject to change. Please contact Mollie Borgione for workshop

Register by calling Mollie Borgione at 216.486.6544 or email mborgione@hospicewr.org

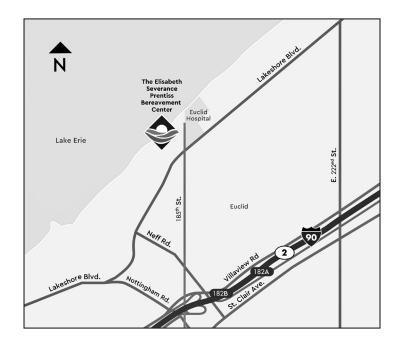
There is a suggested \$5 donation for supplies. If you wish to help allay supply and shipping costs, you may make a donation to the Healing Arts Program on our website, hospicewr.org, and click on Donate Now or donate at the in-person workshops.

> WESTERN RESERVE **GRIEF SERVICES**

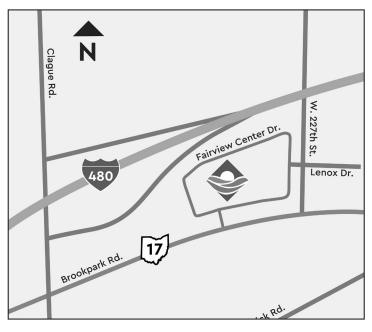
Healing Arts Workshops provide grieving people with a creative outlet for their grief and are open to the community. No art experience is necessary.



Funded in part by residents of Cuyahoga County through Cuyahoga Arts & Culture



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