HEALING ARTS WORKSHOP

Grief Monster*

A Healing Arts Workshop



Do you have a "grief monster" that comes out when you least expect it? Does it embarrass you? Does it scare you? Grief monsters don't like to be ignored. They just want to be acknowledged. Instead of pushing your grief monster away, make one that you can be friend!

*(Name and concept used with permission based on articles by Eleanor Haley and Litsa Williams on the grief website "What's Your Grief?")

VIRTUAL

BOTH Wednesdays May 8 and 15 6 to 7:30 p.m.

Virtual groups will be held using Microsoft Teams.

IN PERSON

BOTH Thursdays May 9 and 16 6:30 to 8 p.m.

Elisabeth Severance Prentiss Bereavement Center 300 East 185th Street Cleveland, 44119

IN PERSON

BOTH Tuesdays May 14 and 21 6:30 to 8 p.m.

West Campus 22730 Fairview Center Drive Fairview Park, 44126

maps on reverse.

Registration is required for all groups and participants will be limited.

VIRTUAL

- Registered participants will receive a link via email that will allow you to join at the time of the group
- Art materials will be mailed to your home.
 Be sure to include your mailing address when you register
- Register no later than two weeks in advance of virtual group start date

IN PERSON

- Masking is optional for those who are fully vaccinated. If you have not been fully vaccinated, we respectfully ask that you wear a mask. If you are ill or do not feel well, please stay home
- Art materials will be provided during the first session
- Register no later than one week in advance of group start date

Register by calling Mollie Borgione at 216.486.6544 or email mborgione@hospicewr.org

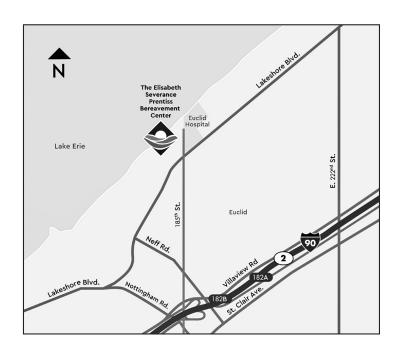
There is a suggested \$5 donation for supplies. If you wish to help allay supply and shipping costs, you may make a donation to the Healing Arts Program on our website, hospicewr.org, and click on Donate Now or donate at the in-person workshops.

WESTERN RESERVE
GRIEF SERVICES

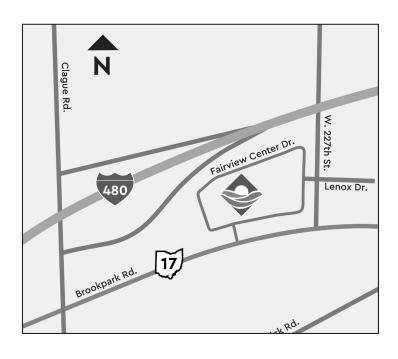
Healing Arts Workshops provide grieving people with a creative outlet for their grief and are open to the community. No art experience is necessary.



Funded in part by residents of Cuyahoga County through Cuyahoga Arts & Culture



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