

## HEALING ARTS WORKSHOP

# Griever's Book of Days

## A Healing Arts Workshop



*In grief, there are many thoughts, emotions, and questions that we keep to ourselves. Our brains get really crowded, leading to forgetfulness, confusion, and difficulty focusing. In this workshop, make your own grief journal where you can record your thoughts and feelings on paper, giving your brain more space, and lifting some of your burden.*

### VIRTUAL

**BOTH Wednesdays**  
**April 10 and 17**  
**6 to 7:30 p.m.**

Virtual groups will be held using Microsoft Teams.

### IN PERSON

**BOTH Thursdays**  
**April 11 and 18**  
**6:30 to 8 p.m.**

Elisabeth Severance Prentiss  
Bereavement Center  
300 East 185th Street  
Cleveland, 44119

### IN PERSON

**BOTH Tuesdays**  
**April 16 and 23**  
**6:30 to 8 p.m.**

West Campus  
22730 Fairview Center Drive  
Fairview Park, 44126

*maps on reverse.*

*Registration is required for all groups and participants will be limited.*

### VIRTUAL

- Registered participants will receive a link via email that will allow you to join at the time of the group
- Art materials will be mailed to your home. Be sure to include your mailing address when you register
- Register no later than **two weeks** in advance of virtual group start date

### IN PERSON

- Masking is optional for those who are fully vaccinated. If you have not been fully vaccinated, we respectfully ask that you wear a mask. If you are ill or do not feel well, please stay home
- Art materials will be provided during the first session
- Register no later than **one week** in advance of group start date

Register by calling Mollie Borgione  
at **216.486.6544** or email **mborgione@hospicewr.org**

*There is a suggested \$5 donation for supplies. If you wish to help allay supply and shipping costs, you may make a donation to the Healing Arts Program on our website, [hospicewr.org](http://hospicewr.org), and click on **Donate Now** or donate at the in-person workshops.*

*Healing Arts Workshops provide grieving people with a creative outlet for their grief and are open to the community. No art experience is necessary.*



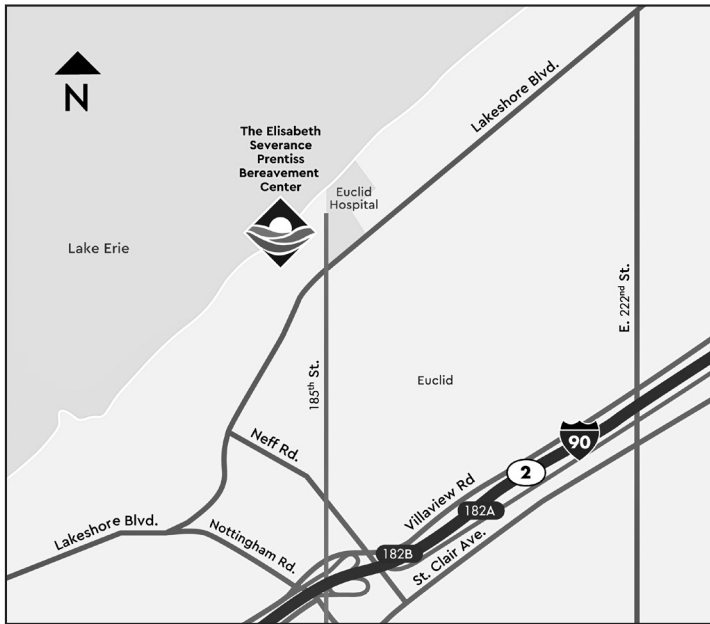
**WESTERN RESERVE**  
**GRIEF SERVICES**



Funded in part by residents  
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Cuyahoga Arts & Culture



**216.486.6838** | [hospicewr.org](http://hospicewr.org) | [f /WRGServices](https://www.facebook.com/WRGServices)



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Bereavement Center***  
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