

## HEALING ARTS WORKSHOP

# Heart Hugs

## A Healing Arts Workshop



*One of the difficulties that the death of a special person brings is the absence of their physical presence. Sometimes it's helpful to have something you can hold onto in your grief. Participants will make a huggable heart-shaped pillow from fleece to remember their loved one. Fabric from your loved one's clothing may also be incorporated.*

### VIRTUAL

**BOTH Wednesdays**  
**February 9 and 16**  
6 to 7:30 p.m.

Virtual groups will be held using Microsoft Teams.

### IN PERSON

**BOTH Thursdays**  
**February 10 and 17**  
6:30 to 8 p.m.

Elisabeth Severance Prentiss  
Bereavement Center  
300 East 185th Street  
Cleveland, 44119

### IN PERSON

**BOTH Tuesdays**  
**February 15 and 22**  
6:30 to 8 p.m.

West Campus  
22730 Fairview Center Drive  
Fairview Park, 44126

*maps on reverse.*

Each group meets twice, one week apart. In the first session we will discuss aspects of grief and healing, and instruction will be provided on the art project to be completed on your own. In the second session, participants will discuss their process and share their art. *Registration is required for all groups and participants will be limited.*

### VIRTUAL

- Registered participants will receive a link via email that will allow you to join at the time of the group
- Art materials will be mailed to your home. Be sure to include your mailing address when you register
- Register no later than **two weeks** in advance of virtual group start date

### IN PERSON

- Masks are required and social distancing will be maintained
- Art materials will be provided during the first session
- Register no later than **one week** in advance of group start date
- **In person workshops are subject to change.** Please contact Mollie Borgione for workshop status

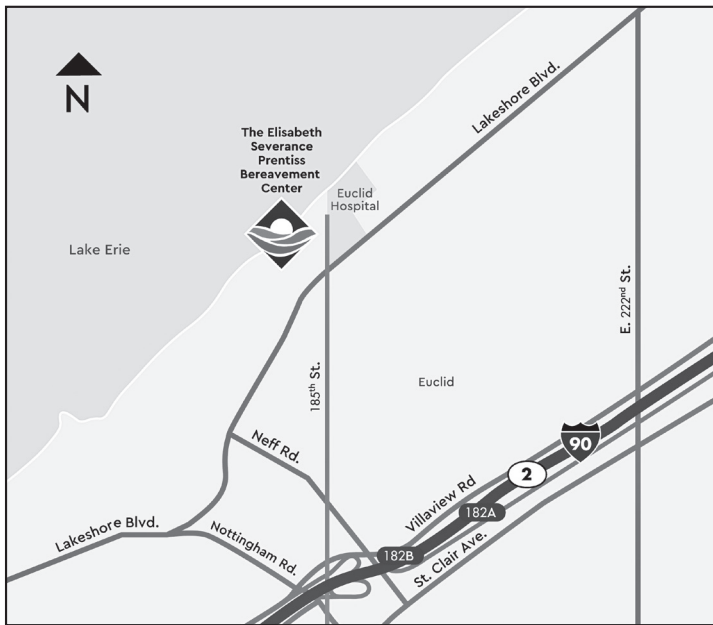
Register by calling Mollie Borgione  
at **216.486.6544** or email **mborgione@hospicewr.org**

*There is a suggested \$5 donation for supplies. If you wish to help allay supply and shipping costs, you may make a donation to the Healing Arts Program on our website, [hospicewr.org](http://hospicewr.org), and click on **Donate Now** or donate at the in-person workshops.*

*Healing Arts Workshops provide grieving people with a creative outlet for their grief and are open to the community. No art experience is necessary.*



Funded in part by residents of Cuyahoga County through Cuyahoga Arts & Culture



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Bereavement Center**  
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Cleveland, OH 44119



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