Heart Hugs
A Healing Arts Workshop

One of the difficulties that the death of a special person brings is the absence of their physical presence. Sometimes it’s helpful to have something you can hold onto in your grief. Participants will make a huggable heart-shaped pillow from fleece to remember their loved one. Fabric from your loved one’s clothing may also be incorporated.

VIRTUAL
BOTH Wednesdays
February 9 and 16
6 to 7:30 p.m.

IN PERSON
BOTH Thursdays
February 10 and 17
6:30 to 8 p.m.

IN PERSON
BOTH Tuesdays
February 15 and 22
6:30 to 8 p.m.

Elisabeth Severance Prentiss
Bereavement Center
300 East 185th Street
Cleveland, 44119

West Campus
22730 Fairview Center Drive
Fairview Park, 44126

Each group meets twice, one week apart. In the first session we will discuss aspects of grief and healing, and instruction will be provided on the art project to be completed on your own. In the second session, participants will discuss their process and share their art. Registration is required for all groups and participants will be limited.

VIRTUAL
• Registered participants will receive a link via email that will allow you to join at the time of the group
• Art materials will be mailed to your home. Be sure to include your mailing address when you register
• Register no later than two weeks in advance of virtual group start date

IN PERSON
• Masks are required and social distancing will be maintained
• Art materials will be provided during the first session
• Register no later than one week in advance of group start date
• In person workshops are subject to change. Please contact Mollie Borgione for workshop status

Register by calling Mollie Borgione at 216.486.6544 or email mborgione@hospicewr.org

There is a suggested $5 donation for supplies. If you wish to help allay supply and shipping costs, you may make a donation to the Healing Arts Program on our website, hospicewr.org, and click on Donate Now or donate at the in-person workshops.

Healing Arts Workshops provide grieving people with a creative outlet for their grief and are open to the community. No art experience is necessary.

Funded in part by residents of Cuyahoga County through Cuyahoga Arts & Culture
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