

## HEALING ARTS WORKSHOP

# Art for Relaxation: My Personal Symbol

## *A Healing Arts Workshop*



*Could you sum up your strengths, talents, dreams, and personality in a word? How about a symbol? (Think of the multi-media artist, Prince.) After surviving life's challenges and finding your way through the grief of losing a loved one, what symbol could comfort, strengthen, and inspire you?*

### VIRTUAL

**BOTH Wednesdays**  
**March 8 and 15**  
**6 to 7:30 p.m.**

Virtual groups will be held using Microsoft Teams.

### IN PERSON

**BOTH Tuesdays**  
**March 14 and 21**  
**6:30 to 8 p.m.**

West Campus  
22730 Fairview Center Drive  
Fairview Park, 44126

### IN PERSON

**BOTH Thursdays**  
**March 9 and 16**  
**6:30 to 8 p.m.**

Elisabeth Severance Prentiss  
Bereavement Center  
300 East 185th Street  
Cleveland, 44119

*maps on reverse.*

*Registration is required for all groups and participants will be limited.*

### VIRTUAL

- Registered participants will receive a link via email that will allow you to join at the time of the group
- Art materials will be mailed to your home. Be sure to include your mailing address when you register
- Register no later than **two weeks** in advance of virtual group start date

### IN PERSON

- Masking is optional for those who are fully vaccinated. If you have not been fully vaccinated, we respectfully ask that you wear a mask. If you are ill or do not feel well, please stay home
- Art materials will be provided during the first session
- Register no later than **one week** in advance of group start date

Register by calling Mollie Borgione  
at **216.486.6544** or email **mborgione@hospicewr.org**

*There is a suggested \$5 donation for supplies. If you wish to help allay supply and shipping costs, you may make a donation to the Healing Arts Program on our website, [hospicewr.org](http://hospicewr.org), and click on **Donate Now** or donate at the in-person workshops.*

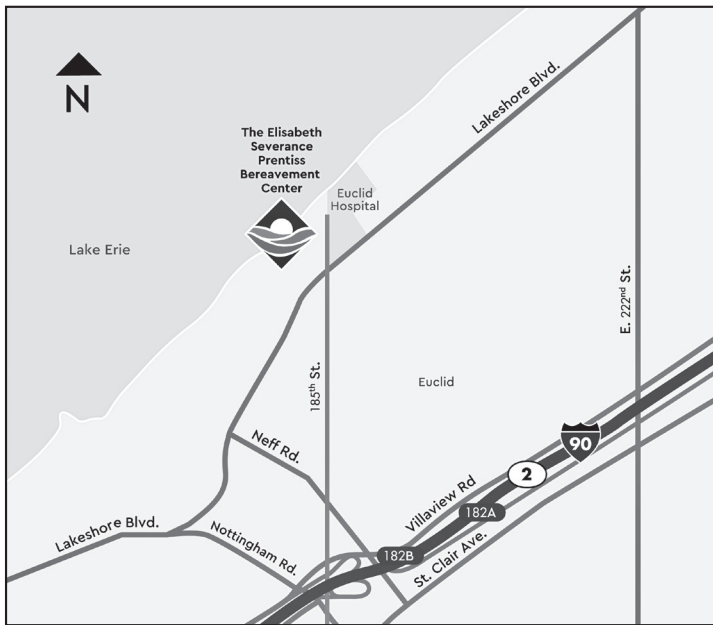
*Healing Arts Workshops provide grieving people with a creative outlet for their grief and are open to the community. No art experience is necessary.*



**WESTERN RESERVE**  
**GRIEF SERVICES**



Funded in part by residents  
of Cuyahoga County through  
Cuyahoga Arts & Culture



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Bereavement Center***  
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Cleveland, OH 44119



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