

# Hands on Care and Feeding Volunteer Training

ARE YOU INTERESTED IN PROVIDING PERSONAL CARE, POSITIONING, FEEDING, OR MOUTH CARE TO YOUR PATIENTS?

Trained volunteers work side by side in the Inpatient Units with Nursing Assistants to bathe, position, and assist patients with bathroom needs. They also provide mouth care and feed patients. In the home care setting the HOC/Feeding volunteer can assist the patient and family with the same type of care, particularly during respite visits. There are also opportunities to assist staff at nursing homes and assisted living facilities with various aspects of this care.

The Feeding/Mouth Care portion of the class is the first 2 ½ hours of the listed class times.

Upon completion of the class, and prior to being assigned Hands on Care assignments, volunteers will complete a shadowing process, providing care with patients under supervision of paid staff and experienced Hands on Care volunteers. HOC/Feeding volunteers are also required to be assessed on an annual basis at a 1-hour skills lab.

**Some of the aspects covered in the class are:**

- Techniques and strategies to help feed patients and provide mouth care
- Proper positioning and body mechanics
- Personal care including bathing, linen changes
- Proper transfer techniques
- Assistance with toileting

***Class size is limited and RSVP is required***

For more information and to register, contact the **Volunteer Team** at **216.383.5280** and **volunteerrsvp@hospicewr.org**

**Saturday, February 1**  
9:00 a.m. – 1:00 p.m.

Lakeshore Campus  
300 East 185<sup>th</sup> St.  
Cleveland 44119

**Monday, February 17**  
12:00 p.m. – 4:00 p.m.

University Hospitals –  
Portage Medical Center  
Medical Arts Building  
Palmstrom Room  
6847 N Chestnut St  
Ravenna 44266

Eligible volunteers must have a history of clinical assignments, timely follow through with documentation, and communication with VSM. Because of these requirements, registration is contingent on VSM approval.



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