

HEALING ARTS WORKSHOP

Art for Relaxation: Landscapes of the Heart A **Virtual** Healing Arts Workshop



Painting a natural landscape can sometimes help reveal one's emotional landscape. Is there a certain landscape that conveys your mood and feeling? Paint from a stock photograph, use one of your own, or just paint how the landscape of YOUR heart feels.

Thursdays, August 12 and 19, 6 to 7:30 p.m.

Tuesdays, August 17 and 24, 6 to 7:30 p.m.

For these virtual workshops, we are using the Microsoft Teams platform, which is similar to Zoom. If you register for the workshop, you are sent an email invitation which provides a link to join the workshop. Each workshop consists of two sessions, a week apart. At the first session, a theme or topic is introduced, and we have a discussion. You will be given instructions on the art assignment for the week, and the basic supplies you will need will be shipped to you. We get back together the second session to share and talk about your art. The supplies will be new and yours to keep.

Call **Mollie Borgione** at **216.486.6544** or email **mborgione@hospicewr.org** to register no later than **two weeks** in advance of workshop date. **Please make sure to include your home address so supplies can be mailed to you.**

*We have waived our suggested \$5 donation for supplies during the pandemic. However, if you wish to make a donation to the Healing Arts Program, go to our website, hospicewr.org and click on **Donate Now** to find out how.*



WESTERN RESERVE
GRIEF SERVICES

Healing Arts Workshops provide grieving people with a creative outlet for their grief and are open to the community. No art experience is necessary.



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