

Support Groups

SPRING 2022

Unless otherwise noted, our support groups are open to anyone who has had a loved one die. Groups are subject to change.

Community Support Groups and Activities

Except where noted, support groups will continue to be offered in a virtual format. All groups require advance registration, and the number of participants is limited. Participants of in-person groups will be asked to maintain distance and to wear a face covering within the meeting space. Virtual groups will be offered via Microsoft Teams. For more information or to register for a group, please call or email the facilitator listed for that group.

Grief support groups provide:

- A safe place to express emotions
- A place to "tell your story"
- Education about grief and loss
- Normalization and validation of your grief experience
- Opportunities to learn new roles, ways to problem-solve and cope with situations
- New friendships
- A chance to laugh

Circle of Hope

SERIES An educational support group for adults who have had a loved one die. *Registration is required no later than a week prior to start date.*

Wednesdays, March 16 to April 6
6 to 7 p.m.
Register by March 13

Lisa Florjancic
lflorjancic@hospicewr.org
440.853.5365

Hope and Healing **IN PERSON**

MONTHLY An ongoing monthly support group for grieving adults.

For older adults
Fourth Thursday of the month
10 to 11 a.m.

Grafton-Midview Public Library
983 Main Street, Grafton, OH 44044
Call to register 440.926.3317

Parents Together

MONTHLY For parents who have experienced the death of an adult child.

Second Tuesday of the month
6 to 7:30 p.m.

Shawn Eigenbrode
seigenbrode@hospicewr.org
216.486.6364

Parent Loss

MONTHLY A support group for adults adjusting to life after the death of one or both parents.

Second Monday of the month
6:30 to 7:30 p.m.

Susan Hamme
shamme@hospicewr.org
440.596.3582

Branches of Hope

SERIES A group for adults who have lost both of their parents. Living life after both of our parents are gone is a big adjustment for many. This group provides an opportunity to explore family traditions and gifts you have within because of your parents, as well as how to manage feelings and the changes in family dynamics that come with this loss.

Thursdays, April 7 to May 12
6 to 7 p.m.

JoDee Coulter
330.662.4240

Millennial Grief

MONTHLY For adults ages 25 to 40 grieving the death of a parent or parent figure.

Second Wednesday of the month
6 to 7:30 p.m.

Kelly DiTurno
kditurno@hospicewr.org
440.414.1737

Child Loss

MONTHLY Parents who have experienced the death of a child aged 20 or younger are invited to join us for an opportunity to find support and feel community with others who have experienced similar losses. When possible, this group will be offered in a combined virtual and in-person format. *Please contact Jonathan for in-person details.*

Lakeshore Campus

Third Wednesday of the month
6 to 7 p.m.

Jonathan Cahill
jcahill@hospicewr.org
216.389.0704

Healing the Heart

MONTHLY Grief after an overdose death.

First Tuesday of the month
6 to 7:30 p.m.

Shawn Eigenbrode

seigenbrode@hospicewr.org
216.486.6364

New Journey

MONTHLY For adults of any age who have experienced the death of a spouse, partner or significant other.

First Wednesday of the month
6 to 7:30 p.m.

Vanessa Smylie

vsmylie@hospicewr.org
216.763.6441

OR

Third Tuesday of the month
6 to 7 p.m.

JoDee Coulter

jcoulter@hospicewr.org
330.662.4240

COVID-19 Loss

MONTHLY For adults who have experienced the death of a loved one due to COVID-19. *Prior completion of a COVID loss or Circle of Hope series is encouraged but not required.*

First Monday of the month
6 to 7:30 p.m.

Susan Hamme

shamme@hospicewr.org
440.596.3582

Year of Firsts

MONTHLY This virtual monthly group for adults will provide a space to prepare for and process important "firsts" after a death – from your first trip to the store to birthdays, holidays, anniversaries and more. Registration is required no later than a week prior to group date.

Third Monday of the month
6 to 7:30 p.m.

Kelly DiTurno

kditurno@hospicewr.org
440.414.1737

Grief 101

This one-hour virtual class is for those who have experienced the death of a loved one in the past six months. Learn about signs and symptoms of grief as well as helpful strategies.

Thursday, March 10
6 to 7 p.m.

Register by March 7

Lisa Florjancic

lflorjancic@hospicewr.org
440.853.5365

OR

Monday, April 11
11 a.m. to 12 p.m.

Register by April 7

Lisa Florjancic

lflorjancic@hospicewr.org
440.853.5365

Who Am I? **IN PERSON**

SERIES A four-session group (every other week) for adults who are trying to rediscover personal interests, explore new opportunities and identify support systems and tools to help since the death of a loved one. Come brainstorm, share, and discover new ideas and resources with the group. There will be independent assignments most weeks. Recommended for those whose loss was 6 months ago or more.

Robertson Bereavement Center

Mondays, April 4 and 18, May 2 and 16
6 to 7 p.m.

Caroline Corbitt

ccorbitt@hospicewr.org
330.662.4149

Kidz Hope **IN PERSON**

SERIES A four-session grief group for kids ages 8 to 12 that have experienced the death of a loved one.

Lakeshore Campus

Mondays,
April 12 and 26, May 10 and 24
6:30 to 7:30 p.m.

Caroline Corbitt

ccorbitt@hospicewr.org
330.662.4149



THE ELISABETH SEVERANCE PRENTISS BEREAVEMENT CENTER

300 East 185th Street
Cleveland, OH 44119-1330
216.486.6838

THE ROBERTSON BEREAVEMENT CENTER

5075 Windfall Road
Medina, OH 44256
330.725.1900

AMES FAMILY HOSPICE HOUSE

30080 Hospice Way
Westlake, OH 44145-1077
440.414.7349 or 835.281.5727

ASHTABULA OFFICE

1166 Lake Avenue
Ashtabula, OH 44004-2930
440.997.6619

DAVID SIMPSON HOSPICE HOUSE AND LAKESHORE CAMPUS

300 East 185th Street
Cleveland, OH 44119-1330
216.383.2222 or 800.707.8922

EAST CAMPUS

34900 Chardon Road, Suite 105
Willoughby Hills, OH 44094
440.951.8692

HEADQUARTERS

17876 St. Clair Avenue
Cleveland, OH 44110
216.383.2222 or 800.707.8922

LORAIN COUNTY OFFICE

2173 N. Ridge Road E., Suite H
Lorain, OH 44055-3400
440.787.2080

HMC HOSPICE OF MEDINA COUNTY

5075 Windfall Road
Medina, OH 44256
330.722.4771

WEST CAMPUS

22730 Fairview Center Drive
Fairview Park, OH 44126
216.227.9048

Healing Arts Workshops SPRING 2022

Healing Arts Workshops provide grieving people with a creative outlet for their grief and are open to the community. No art experience is needed, and supplies will be provided. Please note virtual or in-person format for each group. **Masks are required and social distancing will be maintained. In-person groups are subject to change. Please contact Mollie Borgione for workshop status.**



For virtual groups - once registered, you will receive an email invitation that includes a link to join via Microsoft Teams at the time of the group. With the exception of Circle of Hope, each workshop consists of two sessions, a week apart. At the first session, a theme or topic is introduced, and we have a discussion. You will be given instructions to complete the art assignment during the week using the supplies that have been provided. During the second session we will share artwork and talk about the creative process.

There is a suggested \$5 donation for supplies. If you wish to help allay supply and shipping costs, you may make a donation to the Healing Arts Program. To do so, go to hospicewr.org and click on [Donate Now](#).

Call Mollie Borgione at **216.486.6544** or email at mborgione@hospicewr.org to register no later than two weeks in advance of a workshop start date.



SAVE THE DATE



PET LOSS: MEMORY JEWELRY

The animals we live with are a part of the family, and we grieve them when they die. In this workshop, design a necklace, bracelet, or rearview mirror hanger with beads that you can make out of magazine pages. A one-inch frame will be provided to display a photo of your beloved companion.

VIRTUAL

BOTH Tuesdays, April 5 and 12
6 to 7:30 p.m.



CIRCLE OF HOPE: ART THERAPY EDITION

A six-week virtual art and educational support group for adults who have experienced the death of a loved one.

IN PERSON

Wednesdays, April 13 to May 18
10 to 11:30 a.m.

The Elisabeth Sevrance Prentiss Bereavement Center

BEAUTY OUT OF THE DEPTHS

The lotus can survive extreme temperatures and is considered by Buddhists and Hindus as the most sacred flower. Lotus grow out of the mud and emerge as beautiful blooms, just as we can arise from the mud of our grief into healing and growth. What will your lotus look like?

VIRTUAL

BOTH Wednesdays
April 13 and 20
6 to 7:30 p.m.

IN PERSON

BOTH Tuesdays, April 19 and 26
6:30 to 8 p.m.

West Campus

IN PERSON

BOTH Thursdays, April 21 and 28
6:30 to 8 p.m.

The Elisabeth Sevrance Prentiss Bereavement Center



BIRDS OF A FEATHER

Across cultures, birds have long been associated with life and death. Many people say that certain birds appear to them over and over after their loved one has died, which is a comfort to them. At this workshop, paint and decorate a bird house in memory of your loved one and that special bird.

VIRTUAL

BOTH Wednesdays
May 11 and 18
6 to 7:30 p.m.

IN PERSON

BOTH Tuesdays, May 17 and 24
6:30 to 8 p.m.

West Campus

IN PERSON

BOTH Thursdays, May 19 and 26
6:30 to 8 p.m.

The Elisabeth Sevrance Prentiss Bereavement Center

FABRIC AND FEELINGS

A monthly group where participants come to gather with others who are grieving and create all things fabric, sharing both their grief experiences and fabric arts knowledge with each other. Attendees can create lasting memories of their loved one using pieces of their clothing, or make pillows, quilts, crochet, knit, etc. No sewing expertise necessary.

IN PERSON

Third Thursday of each month, 2 to 4 p.m.

The Elisabeth Sevrance Prentiss Bereavement Center

ART FOR RELAXATION: CONCEPTUAL ART

This Art for Relaxation workshop is based on one of artist and architect Sol LeWitt's concepts. He believed that ideas, not the actual physical product, are the substance of art. Following his easy but intentionally vague step-by-step directions, you too can make a Sol LeWitt-inspired piece of art!

IN PERSON

BOTH Tuesdays, June 14 and 21
6:30 to 8 p.m.

West Campus

VIRTUAL

BOTH Wednesdays
June 15 and 22
6 to 7:30 p.m.

IN PERSON

BOTH Thursdays, June 16 and 23
6:30 to 8 p.m.

The Elisabeth Sevrance Prentiss Bereavement Center