

# Support Groups

FALL 2022

*Unless otherwise noted,  
our support groups are  
open to anyone who  
has had a loved one die.  
Groups are subject to  
change.*

## Community Support Groups and Activities

**All groups require advance registration**, and the number of participants is limited. Participants of in-person groups will be asked to maintain distance within the meeting space and to refrain from attending if you are not feeling well. Virtual groups will be offered via Microsoft Teams. For more information or to register for a group, please call or email the facilitator listed for that group. Grief support groups provide:

- A safe place to express emotions
- A place to "tell your story"
- Education about grief and loss
- Normalization and validation of your grief experience
- Opportunities to learn new roles, ways to problem-solve and cope with situations
- New friendships
- A chance to laugh

### Circle of Hope IN PERSON

**SERIES** An educational grief support group.  
Registration required no later than a week prior to start date.

#### Lakeshore Campus

Wednesdays, September 21 to October 12  
6:30 to 8 p.m.

#### Hannah Adams

hadams@hospicewr.org  
216.383.3741

### Hope and Healing IN PERSON

**MONTHLY** An ongoing monthly support group for older adults grieving the loss of a loved one.

Thursdays, September 15, October 20,  
November 17  
10 to 11 a.m.

#### Grafton-Midview Public Library

983 Main Street, Grafton, OH 44044  
Call to register 440.926.3317

### Parents Together IN PERSON

**MONTHLY** A group for parents who have experienced the death of an adult child.

#### Lakeshore Campus

Second Tuesday of the month  
6 to 7:30 p.m.

#### Elisha Evanko

eevanko@hospicewr.org  
440.414.1731

### Parent Loss

**MONTHLY** A virtual support group for adults adjusting to life after the death of one or both parents.

Second Monday of the month  
6 to 7 p.m.

#### Susan Hamme

shamme@hospicewr.org  
440.596.3582

### Millennial Grief

**MONTHLY** A virtual support group for adults ages 25 to 40 grieving the death of a parent or parent figure.

Second Wednesday of the month  
6 to 7:30 p.m.

#### Kelly DiTurno

kditurno@hospicewr.org  
440.414.1737

### Overdose Loss

**MONTHLY** A virtual group for adults managing grief after an overdose death.

First Tuesday of the month  
6 to 7:30 p.m.

#### Elisha Evanko

eevanko@hospicewr.org  
440.414.1731

## Spousal/Partner Loss

### New Journey

**MONTHLY** A virtual support group for adults of any age who have experienced the death of a spouse, partner or significant other.

First Wednesday of the month  
6 to 7:30 p.m.

#### Vanessa Smylie

vsmylie@hospicewr.org  
216.763.6441

#### OR

Third Tuesday of the month  
6 to 7 p.m.

#### JoDee Coulter

jcoulter@hospicewr.org  
330.662.4240

### Horizons IN PERSON

For older adults who have experienced the death of a spouse, partner or significant other.

#### Lakeshore Campus

Third Thursday of the month  
10:30 a.m. to noon

#### Carrie Johnson

crjohnson@hospicewr.org  
216.486.6331

## COVID-19 Loss

**MONTHLY** A virtual group for adults who have experienced the death of a loved one due to COVID-19. *Prior completion of a COVID loss or Circle of Hope series is encouraged but not required.*

First Monday of the month  
6 to 7 p.m.

**Susan Hamme**

shamme@hospicewr.org  
440.596.3582

## Year of Firsts

**MONTHLY** This virtual group for adults will provide a space to prepare for and process important "firsts" after a death – from your first trip to the store to birthdays, holidays, anniversaries and more. *Registration required no later than a week prior to group date.*

Third Monday of the month  
6 to 7:30 p.m.

**Kelly DiTurno**

kditurno@hospicewr.org  
440.414.1737

## Aliento a Tu Duelo **EN PERSONA** (Encouragement To Your Grief)

**MENSUAL** Grupo mensual de apoyo en Español para adultos que han vivido la muerte de un ser querido. *Es necesario registrarse antes de cada grupo. Por favor, llamar o enviar un email al facilitador de el grupo.*

**West Campus**

Segundo jueves del mes  
6 para 7 p.m.

**Karelys Ortiz Santiago**

kortizsantiago@hospicewr.org  
440.414.1740

## Grief 101

This one-hour class is for adults who have experienced the death of a loved one in the past six months. Learn about signs and symptoms of grief as well as helpful strategies. *Registration required no later than four days prior to the group.*

**East Campus **IN PERSON****

Thursday, September 22  
6 to 7 p.m.

**OR**

**East Campus **IN PERSON****

Thursday, October 13  
11 a.m. to noon

**OR**

**Virtual**

Thursday, November 10  
6 to 7 p.m.

**Lisa Florjancic**

lflorjancic@hospicewr.org  
440.853.5365

## Holiday Events

### Coping with Grief During the Holidays **IN PERSON**

A supportive discussion for adults facing the holidays after a death.

**Lakeshore Campus**

Wednesday, November 16  
6:30 to 8 p.m.

Register by November 14

**Carrie Johnson**

cjohnson@hospicewr.org  
216.486.6331

### Grief and the Holidays (for families) **IN PERSON**

Join us for an evening to remember and honor our loved ones during the holiday season. Light refreshments will be provided. Registration required no later than one week prior to the event.

**The Robertson Bereavement Center**

Wednesday, December 7  
6 to 7:30 p.m.

**JoDee Coulter**

jcoulter@hospicewr.org  
330.662.4240

**OR**

**Ashtabula office**

Tuesday, December 13  
6 to 7:30 p.m.

**Susan Hamme**

shamme@hospicewr.org  
440.596.3582



**HOSPICE OF THE  
WESTERN RESERVE**

#### AMES FAMILY HOSPICE HOUSE

30080 Hospice Way  
Westlake, Ohio 44145  
440.414.7349 or 835.281.5727

#### ASHTABULA OFFICE

1166 Lake Avenue  
Ashtabula, OH 44004  
440.997.6619

#### DAVID SIMPSON HOSPICE HOUSE AND LAKESHORE CAMPUS

300 East 185th Street  
Cleveland, OH 44119  
216.383.2222 or 800.707.8922

#### EAST CAMPUS

34900 Chardon Road., Suite 105  
Willoughby Hills, OH 44094  
440.951.8692

#### THE ELISABETH SEVERANCE PRENTISS BEREAVEMENT CENTER

300 East 185th Street  
Cleveland, OH 44119  
216.486.6838

#### HEADQUARTERS

17876 St. Clair Avenue  
Cleveland, OH 44110  
216.383.2222 or 800.707.8922

#### LORAIN COUNTY OFFICE

2173 N. Ridge Road E., Suite H  
Lorain, OH 44055  
440.787.2080

#### NORWALK OFFICE

461 Milan Ave, Suite B  
Norwalk, OH 44857  
419.663.3222

#### HMC HOSPICE OF MEDINA COUNTY

5075 Windfall Road  
Medina, OH 44256  
330.722.4771

#### THE ROBERTSON BEREAVEMENT CENTER

5075 Windfall Road  
Medina, OH 44256  
330.725.1900

#### SANDUSKY OFFICE

1200 Sycamore Line  
Sandusky, OH 44870  
419.625.5269

#### STEIN INPATIENT HOSPICE UNIT

1912 Hayes Avenue, Third Floor  
Sandusky, OH 44870  
419.557.7070

#### TIFFIN OFFICE

181 E. Perry Street  
Tiffin, OH 44883  
419.447.4040

#### WEST CAMPUS

22730 Fairview Center Drive  
Fairview Park, OH 44126  
216.227.9048



# Healing Arts Workshops FALL 2022

Healing Arts Workshops provide grieving people with a creative outlet for their grief and are open to the community. No art experience is necessary. **WORKSHOPS WILL BE OFFERED IN BOTH VIRTUAL AND IN-PERSON FORMATS.**

For virtual groups - once registered, you will receive an email invitation that includes a link to join via Microsoft Teams at the time of the group. Each virtual workshop consists of two to six weekly sessions, a week apart. Discussion of the theme and instructions will be provided at the first session. You will complete your artwork during the week for you to share and discuss during the following session. You will be provided with art supplies that are new and yours to keep.

There is a suggested \$5.00 donation for supplies. If you wish to help allay supply and shipping costs, you may donate to the Healing Arts Program at the in-person workshops or go to [hospicewr.org](https://hospicewr.org) and click on [Donate Now](#).

Call Mollie Borgione at 216.486.6544 or email [mborgione@hospicewr.org](mailto:mborgione@hospicewr.org) to register no later than two weeks in advance of a virtual workshop start date and one week in advance of an in-person workshop start date.



## PET GRIEF: GARDEN MEMORY STONE

Our companion animals play important roles in our lives. When they die, our grief is often intense. In this two-session workshop, participants will have the opportunity to share memories of their beloved pets and create a garden stone to honor them.

### **IN PERSON**

**West Campus**

BOTH Tuesdays:

November 1 and 8

6:30 to 8 p.m.



## ART FOR RELAXATION: MINING FOR IMAGES

Watercolors on wet paper naturally run and spread, blending into each other, and creating unintended patterns. Just as one might see images in cloud formations, attendees will see what they can find as they "mine for images" in their watercolors.

### **VIRTUAL**

BOTH Wednesdays:

October 12 and 19

6 to 7:30 p.m.

### **IN PERSON**

**West Campus**

ONE NIGHT ONLY:

Tuesday, October 18

6:30 to 8:30 p.m.

### **IN PERSON**

**The Elisabeth Severance Prentiss  
Bereavement Center**

ONE NIGHT ONLY:

Thursday, October 13

6:30 to 8:30 p.m.



## GIVING HAND, GRATEFUL HAND

Our hands give and receive. Our hands cared for our loved ones and received back their love and gratitude. Make an air-dry clay tracing of your own hands and paint them to represent what you give and what you receive.

### **VIRTUAL**

BOTH Wednesdays:

November 9 and 16

6 to 7:30 p.m.

### **IN PERSON**

**West Campus**

BOTH Tuesdays

November 15 and 22

6:30 to 8 p.m.

### **IN PERSON**

**The Elisabeth Severance Prentiss  
Bereavement Center**

BOTH Thursdays:

November 10 and 17

6:30 to 8 p.m.



## HOLIDAY FAMILY NIGHT: COMFORT BAGS

The holiday season can be difficult to negotiate when one is grieving. In this workshop, participants can decorate a canvas bag which can be used to carry items of comfort to help them cope during the holidays. Please bring an apron or wear old clothes as we will be using fabric dyes.

### **VIRTUAL**

BOTH Wednesdays

December 7 and 14

6 to 7:30 p.m.

### **IN PERSON**

**West Campus**

ONE NIGHT ONLY:

Tuesday, December 13

6:30 to 8:30 p.m.

### **IN PERSON**

**The Elisabeth Severance Prentiss  
Bereavement Center**

ONE NIGHT ONLY:

Thursday, December 8

6:30 to 8:30 p.m.



## CIRCLE OF HOPE: ART THERAPY EDITION

A six-week art and educational support group for adults who have experienced the death of a loved one.

### **VIRTUAL**

Tuesdays,

October 18 to November 22

10 to 11:30 a.m.



## FABRIC AND FEELINGS

A monthly group where participants come to gather with others who are grieving and create all things fabric, sharing both their grief experiences and fabric arts knowledge with each other. Attendees can create lasting memories of their loved one using pieces of their clothing, or make pillows, quilts, crochet, knit, etc. No sewing expertise necessary. *Registration is required.*

### **IN PERSON**

**The Elisabeth Severance Prentiss Bereavement Center**

Third Thursday of the month, 2 to 4 p.m.