

# Support Groups

**WINTER 2022 - 23**

*Unless otherwise noted, our support groups are open to anyone who has had a loved one die. Groups are subject to change.*

## Community Support Groups and Activities

**All groups require advance registration**, and the number of participants is limited. Participants of in-person groups will be asked to maintain distance within the meeting space and to refrain from attending if you are not feeling well. Virtual groups will be offered via Microsoft Teams. For more information or to register for a group, please call or email the facilitator listed for that group. Grief support groups provide:

- A safe place to express emotions
- A place to "tell your story"
- Education about grief and loss
- Normalization and validation of your grief experience
- Opportunities to learn new roles, ways to problem-solve and cope with situations
- New friendships
- A chance to laugh

### Circle of Hope IN PERSON

**SERIES** An educational grief support group. Registration required no later than a week prior to start date.

#### Bay Village Library Meeting Room B-North

27400 Wolf Road, Bay Village, OH 44140  
Tuesdays, January 17 to February 7  
6 to 7:30 p.m.

**Amy Boyd-Kirksey**  
aboyn-kirksey@hospicewr.org  
216.409.8014

#### Lakeshore Campus

Wednesdays, January 18 to February 8  
10 to 11:30 a.m.

**Hannah Adams**  
hadams@hospicewr.org  
216.383.3741

#### The Robertson Bereavement Center

Thursdays, February 9 to March 16  
6 to 7:30 p.m.

**JoDee Coulter**  
jccoulter@hospicewr.org  
330.662.4240

#### Conneaut Public Library (Spousal/Partner loss)

304 Buffalo Street, Conneaut, OH 44030  
Tuesdays, January 10 to January 31

**Susan Hamme**  
440.596.3582  
shamme@hospicewr.org

### Hope and Healing IN PERSON

**MONTHLY** An ongoing support group for older adults grieving the loss of a loved one.

Third Thursday of each month  
10 to 11 a.m.

#### Grafton-Midview Public Library

983 Main Street, Grafton, OH 44044  
Call to register 440.926.3317

### Sibling Loss IN PERSON

A two-week support group for adults who have experienced the death of a sibling.

#### East Campus

Thursdays, January 19 and 26  
6 to 7 p.m.  
Register by January 12

**Lisa Florjancic**  
lflorjancic@hospicewr.org  
440.853.5365

### Parents Together IN PERSON

**MONTHLY** A group for parents who have experienced the death of an adult child.

#### Lakeshore Campus

Second Tuesday of each month  
6 to 7:30 p.m.

**Elisha Evanko**  
eevanko@hospicewr.org  
440.414.1731

### Parent Loss

**MONTHLY** A virtual support group for adults adjusting to life after the death of one or both parents.

Second Monday of each month  
6 to 7 p.m.

**Susan Hamme**  
shamme@hospicewr.org  
440.596.3582

### Millennial Grief

**MONTHLY** A virtual support group for adults ages 25 to 40 grieving the death of a parent or parent figure.

Second Wednesday of each month  
6 to 7:30 p.m.

**Kelly DiTurno**  
kditurno@hospicewr.org  
440.414.1737

### Overdose Loss

**MONTHLY** A virtual group for adults managing grief after an overdose death.

First Tuesday of each month  
6 to 7:30 p.m.

**Elisha Evanko**  
eevanko@hospicewr.org  
440.414.1731

## Spousal/Partner Loss

### New Journey

**MONTHLY** A support group for adults of any age who have experienced the death of a spouse, partner or significant other.

First Wednesday of each month VIRTUAL  
6 to 7:30 p.m.

**Vanessa Smylie**  
216.763.6441  
vsmylie@hospicewr.org

Third Tuesday of each month VIRTUAL  
6 to 7 p.m.

**JoDee Coulter**  
330.662.4240  
jccoulter@hospicewr.org

#### West Campus IN PERSON

Second Tuesday of each month  
2 to 3:30pm

**Carrie Johnson**  
216.486.6331  
crjohnson@hospicewr.org

### Horizons IN PERSON

For older adults who have experienced the death of a spouse, partner or significant other.

#### Lakeshore Campus

Third Thursday of each month  
10:30 a.m. to noon

**Carrie Johnson**  
crjohnson@hospicewr.org  
216.486.6331

## COVID-19 Loss

**MONTHLY** A virtual group for adults who have experienced the death of a loved one due to COVID-19. *Prior completion of a COVID loss or Circle of Hope series is encouraged but not required.*

First Monday of each month  
6 to 7 p.m.

**Susan Hamme**

shamme@hospicewr.org  
440.596.3582

## Year of Firsts **IN PERSON**

**MONTHLY** This group for adults will provide a space to prepare for and process important "firsts" after a death from your first trip to the store to birthdays, holidays, anniversaries and more. *Registration required no later than a week prior to group date.*

### Lakeshore Campus

Third Monday of each month  
6 to 7:30 p.m.

**Kelly DiTurno**

kditurno@hospicewr.org  
440.414.1737

## Grief in the Second Year **IN PERSON**

A year has passed, and you may be wondering why you're still struggling with grief. This group will explore the second year of grief, including why it can be more challenging than we expect, and ways to cope.

### The Robertson Bereavement Center

Second Tuesday of each month, beginning in January  
6 to 7:30 p.m.

**JoDee Coulter**

jcoulter@hospicewr.org  
330.662.4240

## Grupos de apoyo en español

### Aliento a Tu Duelo **EN PERSONA** (Encouragement To Your Grief)

**MENSUAL** Grupo mensual de apoyo en Español para adultos que han vivido la muerte de un ser querido. *Es necesario registrarse antes de cada grupo. Por favor, llamar o enviar un email al facilitador de el grupo.*

### West Campus

Segundo jueves del mes  
6 a 7 p.m.

**Karelys Ortiz Santiago**

kortizsantiago@hospicewr.org  
440.414.1740

## Círculo de Esperanza

Un grupo educativo de apoyo para el duelo de cuatro semanas. Es necesario registrarse. *Por favor, llamar o enviar un email al facilitador de el grupo para más información sobre la localización.*

Miércoles, 15 de febrero al 8 de marzo  
4:30 p.m. a 6 p.m.

**Karelys Ortiz Santiago**

kortizsantiago@hospicewr.org  
440.414.1740

## Holiday Events

### Coping with Grief During the Holidays **IN PERSON**

A supportive discussion for adults facing the holidays after a death of a loved one.

### Lakeshore Campus

Wednesday, November 16  
6:30 to 8 p.m.

*Register by November 14*

**Carrie Johnson**

crjohnson@hospicewr.org  
216.486.6331

### Grief and the Holidays (for families) **IN PERSON**

Join us for an evening to remember and honor our loved ones during the holiday season. Light refreshments will be provided. Registration required no later than one week prior to the event.

### The Robertson Bereavement Center

Tuesday, December 6  
6 to 7:30 p.m.

**JoDee Coulter**

jcoulter@hospicewr.org  
330.662.4240

**OR**

### Ashtabula office

Tuesday, December 13  
6 to 7:30 p.m.

**Susan Hamme**

shamme@hospicewr.org  
440.596.3582



### AMES FAMILY HOSPICE HOUSE

30080 Hospice Way  
Westlake, Ohio 44145  
440.414.7349 or 835.281.5727

### ASHTABULA OFFICE

1166 Lake Avenue  
Ashtabula, OH 44004  
440.997.6619

### DAVID SIMPSON HOSPICE HOUSE AND LAKESHORE CAMPUS

300 East 185th Street  
Cleveland, OH 44119  
216.383.2222 or 800.707.8922

### EAST CAMPUS

34900 Chardon Road., Suite 105  
Willoughby Hills, OH 44094  
440.951.8692

### THE ELISABETH SEVERANCE PRENTISS BEREAVEMENT CENTER

300 East 185th Street  
Cleveland, OH 44119  
216.486.6838

### HEADQUARTERS

17876 St. Clair Avenue  
Cleveland, OH 44110  
216.383.2222 or 800.707.8922

### LORAIN COUNTY OFFICE

2173 N. Ridge Road E., Suite H  
Lorain, OH 44055  
440.787.2080

### NORWALK OFFICE

461 Milan Ave, Suite B  
Norwalk, OH 44857  
419.663.3222

### HMC HOSPICE OF MEDINA COUNTY

5075 Windfall Road  
Medina, OH 44256  
330.722.4771

### THE ROBERTSON BEREAVEMENT CENTER

5075 Windfall Road  
Medina, OH 44256  
330.725.1900

### SANDUSKY OFFICE

1200 Sycamore Line  
Sandusky, OH 44870  
419.625.5269

### STEIN INPATIENT HOSPICE UNIT

1912 Hayes Avenue, Third Floor  
Sandusky, OH 44870  
419.557.7070

### TIFFIN OFFICE

181 E. Perry Street  
Tiffin, OH 44883  
419.447.4040

### WEST CAMPUS

22730 Fairview Center Drive  
Fairview Park, OH 44126  
216.227.9048

## SAVE THE DATE

### ART FOR RELAXATION: MY PERSONAL SYMBOL

Could you sum up your strengths, talents, dreams, and personality in a word? How about a symbol? (Think of the multi-media artist, Prince.) After surviving life's challenges and finding your way through the grief of losing a loved one, what symbol could comfort, strengthen, and inspire you?



### VIRTUAL

BOTH Wednesdays  
March 8 and 15  
6 to 7:30 p.m.

### IN PERSON

**West Campus**  
BOTH Tuesdays  
March 14 and 21  
6:30 to 8 p.m.

### IN PERSON

**The Elisabeth Severance  
Prentiss Bereavement Center**  
BOTH Tuesdays  
March 9 and 16  
6:30 to 8 p.m.

# Healing Arts Workshops WINTER 2022 - 23

Healing Arts Workshops provide grieving people with a creative outlet for their grief and are open to the community. No art experience is necessary. **WORKSHOPS WILL BE OFFERED IN BOTH VIRTUAL AND IN-PERSON FORMATS.**

For virtual groups - once registered, you will receive an email invitation that includes a link to join via Microsoft Teams at the time of the group. Each virtual workshop consists of two to six weekly sessions, a week apart. Discussion of the theme and instructions will be provided at the first session. You will complete your artwork during the week for you to share and discuss during the following session. You will be provided with art supplies that are new and yours to keep.

There is a suggested \$5.00 donation for supplies. If you wish to help allay supply and shipping costs, you may donate to the Healing Arts Program at the in-person workshops or go to [hospicewr.org](https://hospicewr.org) and click on [Donate Now](#).

**Call Mollie Borgione at 216.486.6544 or email [mborgione@hospicewr.org](mailto:mborgione@hospicewr.org) to register no later than two weeks in advance of a virtual workshop start date and one week in advance of an in-person workshop start date.**



## **PET GRIEF: MEMORY COLLAGE**

Our companion animals play important roles in our lives. When they die, our grief is often intense. In this virtual two-session workshop, create a photo collage in honor of your pet(s).

### **VIRTUAL**

#### **West Campus**

BOTH Wednesdays:  
March 22 and 29  
6 to 7:30 p.m.



## **SNUGGLE BEARS**

One of the hardest parts of losing a loved one is the inability to hold them again. Create a simple bear using fleece and/or clothing from your loved one to help you feel nearer to them. Give it to a child, grandchild, or keep it for yourself! *No sewing expertise necessary.*

### **VIRTUAL**

BOTH Wednesdays:  
February 8 and 15  
6 to 7:30 p.m.

### **IN PERSON**

#### **West Campus**

BOTH Tuesdays  
February 14 and 21  
6:30 to 8 p.m.

### **IN PERSON**

#### **The Elisabeth Severance Prentiss Bereavement Center**

BOTH Thursdays  
February 9 and 16  
6:30 to 8 p.m.



## **HOLDING ONTO THE LIGHT**

In this workshop, participants will decorate a candle holder to remember the light that our loved ones brought into our lives. We will gather for a short candlelight ceremony at the end to honor them.

### **VIRTUAL**

BOTH Wednesdays:  
January 11 and 18  
6 to 7:30 p.m.

### **IN PERSON**

#### **West Campus**

ONE NIGHT ONLY  
Tuesday, January 24  
6:30 to 8:30 p.m.

### **IN PERSON**

#### **The Elisabeth Severance Prentiss Bereavement Center**

ONE NIGHT ONLY  
Thursday, January 12  
6:30 to 8:30 p.m.



## **HOLIDAY FAMILY NIGHT: COMFORT BAGS**

The holiday season can be difficult to negotiate when one is grieving. In this workshop, participants can decorate a canvas bag which can be used to carry items of comfort to help them cope during the holidays. Please bring an apron or wear old clothes as we will be using fabric dyes.

### **VIRTUAL**

BOTH Wednesdays  
December 7 and 14  
6 to 7:30 p.m.

### **IN PERSON**

#### **West Campus**

ONE NIGHT ONLY:  
Tuesday, December 13  
6:30 to 8:30 p.m.

### **IN PERSON**

#### **The Elisabeth Severance Prentiss Bereavement Center**

ONE NIGHT ONLY:  
Thursday, December 8  
6:30 to 8:30 p.m.



## **CIRCLE OF HOPE: ART THERAPY EDITION**

A six-week art and educational support group for adults who have experienced the death of a loved one.

### **VIRTUAL**

Wednesdays  
February 1 to March 8  
10 to 11:30 a.m.



## **FABRIC AND FEELINGS**

A monthly group where participants come to gather with others who are grieving and create all things fabric, sharing both their grief experiences and fabric arts knowledge with each other. Attendees can create lasting memories of their loved one using pieces of their clothing, or make pillows, quilts, crochet, knit, etc. No sewing expertise necessary. *Registration is required.*

### **IN PERSON**

#### **The Elisabeth Severance Prentiss Bereavement Center**

Third Thursday of each month, 2 to 4 p.m.