

HEALING ARTS WORKSHOP

Art for Relaxation: My Personal Symbol A *Virtual* Healing Arts Workshop



Could you sum up your strengths, talents, dreams, or personality in a word? How about a symbol? (Think of the multi-media artist, Prince.)

After surviving the challenges of 2020 and finding your way through the grief of losing a loved one, how would you envision your symbol? What would help you on your road to healing?

Thursdays, June 10 and 17, 6 to 7:30 p.m.

Tuesdays, June 15 and 22, 6 to 7:30 p.m.

For these virtual workshops, we are using the Microsoft Teams platform, which is similar to Zoom. If you register for the workshop, you are sent an email invitation which provides a link to join the workshop. Each workshop consists of two sessions, a week apart. At the first session, a theme or topic is introduced, and we have a discussion. You will be given instructions on the art assignment for the week, and the basic supplies you will need will be shipped to you. We get back together the second session to share and talk about your art. The supplies will be new and yours to keep.

Call **Mollie Borgione** at **216.486.6544** or email **mborgione@hospicewr.org** to register no later than two weeks in advance of workshop date. **Please make sure to include your home address so that supplies can be mailed to you.**

*We have waived our suggested \$5.00 donation for supplies during the pandemic; However, if you wish to make a donation to the Healing Arts Program of Hospice of the Western Reserve, go to our website, hospicewr.org and click on **Donate Now** to find out how.*



Healing Arts Workshops provide grieving people with a creative outlet for their grief and are open to the community. No art experience is necessary.



**cuyahoga
arts & culture**
strengthening community

Funded in part by residents
of Cuyahoga County through
Cuyahoga Arts & Culture