

## HEALING ARTS WORKSHOP

# Who Am I Now?

## A *Virtual* Healing Arts Workshop



*"That drawing looks as if you couldn't see what you were doing!" you say? Well, you're right. It's called a blind contour drawing because you don't look at the paper, you only look at the subject. Have you looked yourself in the mirror since your loved one died and asked, "Who am I now?" This drawing workshop is designed to help you identify your strengths as you navigate a life without your loved one.*

**Thursdays, May 13 and 20, 6 to 7:30 p.m.**

**Tuesdays, May 18 and 25, 6 to 7:30 p.m.**

For these virtual workshops, we are using the Microsoft Teams platform, which is similar to Zoom. If you register for the workshop, you are sent an email invitation which provides a link to join the workshop. Each workshop consists of two sessions, a week apart. At the first session, a theme or topic is introduced, and we have a discussion. You will be given instructions on the art assignment for the week, and the basic supplies you will need will be shipped to you. We get back together the second session to share and talk about your art. The supplies will be new and yours to keep.

Call **Mollie Borgione** at **216.486.6544** or email **[mborgione@hospicewr.org](mailto:mborgione@hospicewr.org)** to register no later than two weeks in advance of workshop date. **Please make sure to include your home address so that supplies can be mailed to you.**

*We have waived our suggested \$5.00 donation for supplies during the pandemic; However, if you wish to make a donation to the Healing Arts Program of Hospice of the Western Reserve, go to our website, [hospicewr.org](http://hospicewr.org) and click on **Donate Now** to find out how.*



**WESTERN RESERVE**  
GRIEF SERVICES

*Healing Arts Workshops provide grieving people with a creative outlet for their grief and are open to the community. No art experience is necessary.*



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