Support Groups

SUMMER 2022

Unless otherwise noted, our support groups are open to anyone who has had a loved one die. Groups are subject to change.

Community Support Groups and Activities

Except where noted, support groups will continue to be offered in a virtual format. All groups require advance registration, and the number of participants is limited. Virtual groups will be offered via Microsoft Teams. For more information or to register for a group, please call or email the facilitator listed for that group. Grief support groups provide:

- A safe place to express emotions
- A place to "tell your story"
- Education about grief and loss
- Normalization and validation of your grief experience
- Opportunities to learn new roles, ways to problem-solve and cope with situations
- · New friendships
- A chance to laugh

Circle of Hope IN PERSON

group for adults who have had a loved one die.

Registration is required no later than a week
prior to start date.

The Robertson Bereavement Center

Four Tuesdays, July 5 to 26 6 to 7 p.m.

Register by July 1

Caroline Corbitt

ccorbitt@hospicewr.org 330.662.4149

Hope and Healing IN PERSON

MONTHLY An ongoing monthly support group for grieving adults.

For older adults
Thursdays, June 23 and July 21
10 to 11 a.m.

Grafton-Midview Public Library

983 Main Street, Grafton, OH 44044 Call to register 440.926.3317

Parents Together IN PERSON

MONTHLY For parents who have experienced the death of an adult child. Persons unable to attend in person may choose to join via Microsoft Teams. Please contact the facilitator for details.

Lakeshore Campus

Second Tuesday of the month 6 to 7:30 p.m.

Elisha Evanko

eevanko@hospicewr.org 440.414.1731

Parent Loss

MONTHLY A virtual support group for adults adjusting to life after the death of one or both parents.

Second Monday of the month 6 to 7 p.m.

Susan Hamme

shamme@hospicewr.org 440.596.3582

Sibling Loss IN PERSON

A two-week support group for adults who have experienced the death of a sibling.

East Campus

Thursdays, June 16 and June 23 6 to 7 p.m.

Register by June 12

Lisa Florjancic

Iflorjancic@hospicewr.org 440.853.5365

Millennial Grief

MONTHLY A virtual support group for adults ages 25 to 40 grieving the death of a parent or parent figure.

Second Wednesday of the month 6 to 7:30 p.m.

Kelly DiTurno

kditurno@hospicewr.org 440.414.1737

Child Loss

MONTHLY Parents who have experienced the death of a child aged 20 or younger are invited to join us for an opportunity to find support and feel community with others who have experienced similar losses. This group will be offered in a combined virtual and in-person format. Please contact the facilitator for details.

Lakeshore Campus

Third Wednesday of the month 6 to 7 p.m.

Jonathan Cahill

jcahill@hospicewr.org 216.389.0704

Healing the Heart

MONTHLY A virtual support group for adults managing grief after an overdose death.

First Tuesday of the month 6 to 7:30 p.m.

Elisha Evanko

eevanko@hospicewr.org 440.414.1731

New Journey

MONTHLY A virtual support group for adults of any age who have experienced the death of a spouse, partner or significant other.

First Wednesday of the month 6 to 7 p.m.

Vanessa Smylie

vsmylie@hospicewr.org 216.763.6441

OR

Third Tuesday of the month 6 to 7 p.m.

JoDee Coulter

jcoulter@hospicewr.org 330.662.4240

COVID-19 Loss

MONTHLY For adults who have experienced the death of a loved one due to COVID-19. Prior completion of a COVID loss or Circle of Hope series is encouraged but not required.

First Monday of the month 6 to 7 p.m.

Susan Hamme

shamme@hospicewr.org 440.596.3582

Year of Firsts

MONTHLY This virtual monthly group for adults will provide a space to prepare for and process important "firsts" after a death – from your first trip to the store to birthdays, holidays, anniversaries and more. Registration is required no later than a week prior to group date.

Third Monday of the month 6 to 7:30 p.m.

Kelly DiTurno

kditurno@hospicewr.org 440.414.1737

Aliento a Tu Duelo (Encouragement To Your Grief)

MENSUAL Grupo mensual de apoyo en Español para adultos que han vivido la muerte de un ser querido.

West Campus

Segundo jueves del mes (Junio 09, Julio 14, Agosto 11) 6 para 7 p.m.

Karelys Ortiz Santiago

kortizsantiago@hospicewr.org 440.414.1740

Grief 101 IN PERSON

This one-hour class is for adults who have experienced the death of a loved one in the past six months. Learn about signs and symptoms of grief as well as helpful strategies.

East Campus

Thursday, July 7 6 to 7 p.m. Register by July 3

Lisa Florjancic

Iflorjancic@hospicewr.org 440.853.5365

Keepsake Craft Day IN PERSON

Suncatchers, painted rocks and more...create a keepsake to honor and remember your loved one. This outdoor event is open to adults and children of all ages. Registration is NOT required for this event.

The Robertson Bereavement Center

Saturday, August 27 Noon to 2 p.m.

Caroline Corbitt

ccorbitt@hospicewr.org 330.662.4149

Veteran Grief/ Equine Group IN PERSON

A two-part group for veterans who have experienced the death of a loved one within the past two years. This program is offered in partnership with Fieldstone Farm Therapeutic Riding Center. Space is limited and registration is required.

Fieldstone Farm Therapeutic Riding Center

16497 Snyder Road, Chagrin Falls Friday, August 19 11 a.m. to 1:30 p.m.

Vanessa Smylie

vsmylie@hospicewr.org 216.763.6441





AMES FAMILY HOSPICE HOUSE

30080 Hospice Way Westlake, Ohio 44145 440.414.7349 or 835.281.5727

ASHTABULA OFFICE

1166 Lake Avenue Ashtabula, OH 44004 440.997.6619

DAVID SIMPSON HOSPICE HOUSE AND LAKESHORE CAMPUS

300 East 185th Street Cleveland, OH 44119 216.383.2222 or 800.707.8922

EAST CAMPUS

34900 Chardon Road., Suite 105 Willoughby Hills, OH 44094 440.951.8692

THE ELISABETH SEVERANCE PRENTISS BEREAVEMENT CENTER

300 East 185th Street Cleveland, OH 44119 216.486.6838

HEADQUARTERS

17876 St. Clair Avenue Cleveland, OH 44110 216.383.2222 or 800.707.8922

LORAIN COUNTY OFFICE

2173 N. Ridge Road E., Suite H Lorain, OH 44055 440.787.2080

NORWALK OFFICE

461 Milan Ave, Suite B Norwalk, OH 44857 419.663.3222

HMC HOSPICE OF MEDINA COUNTY

5075 Windfall Road Medina, OH 44256 330.722.4771

THE ROBERTSON BEREAVEMENT CENTER

5075 Windfall Road Medina, OH 44256 330.725.1900

SANDUSKY OFFICE

1200 Sycamore Line Sandusky, OH 44870 419.625.5269

STEIN INPATIENT HOSPICE UNIT

1912 Hayes Avenue, Third Floor Sandusky, OH 44870 419.557.7070

TIFFIN OFFICE

181 E. Perry Street Tiffin, OH 44883 419.447.4040

WEST CAMPUS

22730 Fairview Center Drive Fairview Park, OH 44126 216.227.9048

Healing Arts Workshops SUMMER 2022

Healing Arts Workshops provide grieving people with a creative outlet for their grief and are open to the community. No art experience is necessary, PLEASE NOTE THAT WE ARE OFFERING BOTH IN-PERSON AS WELL AS VIRTUAL WORKSHOPS.

For virtual groups - once registered, you will receive an email invitation that includes a link to join via Microsoft Teams at the time of the group. Each virtual workshop consists of two or four sessions, a week apart. Discussion of the theme and instructions will be provided at the first session. You will complete your artwork during the week for you to share and discuss during the following session. You will be provided with art supplies that are new and yours to keep.



There is a suggested \$5.00 donation for supplies. If you wish to help allay supply and shipping costs, you may donate to the Healing Arts Program at the inperson workshops or go to hospicewr.org and click on Donate Now.

Call Mollie Borgione at 216.486.6544 or email mborgione@hospicewr.org to register no later than two weeks in advance of a virtual workshop start date and one week in advance of an in-person workshop start date.



TALES AND IMAGES: ART AND STORYTELLING SERIES

In this 4-week art and grief education series, attendees will have a greater opportunity to share about their loved one's personality, life and their relationship. We will also explore William Worden's Four Tasks of Grieving.

VIRTUAL

Four Tuesdays: August 30 to September 20 10 to 11:30 a.m.



CIRCLE OF HOPE: ART THERAPY EDITION

A six-week art and educational support group for adults who have experienced the death of a loved one.

IN PERSON

The Elisabeth Severance Prentiss Bereavement Center

Six Wednesdays: July 20 to August 24 10 to 11:30 a.m.



STEPPING STONES

Make a cement stepping stone to commemorate your loved one. Small stones, tiles, glass beads and personal mementoes may be embedded. Names and dates can be stamped. May be used in your garden or it can be displayed indoors. NOTE: The virtual group will be doing a modified project, using something other than cement.

VIRTUAL

BOTH Wednesdays: July 13 and 20 6 to 7:30 p.m.

IN PERSON

West Campus

ONE NIGHT ONLY: Tuesday, July 12 6:30 to 8:30 p.m.

IN PERSON

The Elisabeth Severance Prentiss Bereavement Center

ONE NIGHT ONLY: Thursday, July 14 6:30 to 8:30 p.m.



LANDSCAPES OF THE HEART

Painting a natural landscape can sometimes help reveal one's emotional landscape. Is there a certain landscape that conveys your mood and feeling? Paint from a stock photograph, use one of your own, or just paint how the landscape of YOUR heart feels. (At our Lake Shore Campus, you can paint on our grounds overlooking Lake Erie.)

VIRTUAL

BOTH Wednesdays: August 10 and 17 6 to 7:30 p.m.

IN PERSON

West Campus

ONE NIGHT ONLY: Tuesday, August 23 6:30 to 8:30 p.m.

IN PERSON

The Elisabeth Severance Prentiss Bereavement Center

ONE NIGHT ONLY: Thursday, August 18 6:30 to 8:30 p.m.

SAVE THE DATE



ART FOR RELAXATION: SPIRIT STICKS

Paint and decorate a piece of driftwood to commemorate the spirit and personality of yourself, your loved one or your spiritual connection. Small mementoes, jewelry, trinkets or pieces of clothing may be incorporated into the piece.

IN PERSON

West Campus

BOTH Tuesdays, September 13 and 20 6:30 to 8 p.m.

VIRTUAL

BOTH Wednesdays September 7 and 14 6 to 7:30 p.m.

IN PERSON

The Elisabeth Severance Prentiss Bereavement Center BOTH Thursdays,

September 8 and 15 6:30 to 8 p.m.



A monthly group where participants come to gather with others who are grieving and create all things fabric, sharing both their grief experiences and fabric arts knowledge with each other. Attendees can create lasting memories of their loved one using pieces of their clothing, or make pillows, quilts, crochet, knit, etc. No sewing expertise necessary.



The Elisabeth Severance Prentiss Bereavement Center
Third Thursday of each month, 2 to 4 p.m.

