Comfort Touch

Comfort Touch is a nurturing style of acupressure that gives special consideration to physical and emotional needs of elderly and/or ill persons. Designed to bring the benefits of touch to a broad range of people, its primary intention is to provide comfort through techniques that promote deep relaxation and relief from pain.

Physical considerations: You will learn proper body patterning/body mechanics to protect yourself from injury. Volunteers must be able to apply 2-5 pounds of pressure with their hands.

There is a $75.00 registration, which includes two Comfort Touch textbooks. Grant funding available in certain locations.

Attn: Volunteer Admin. Office 17876 St. Clair Avenue Cleveland, OH 44110

**CEUs available for Nurses**

Class size is limited and RSVP is required. For more information and to register, contact the Volunteer Team at 216.383.5280 or volunteerrsvp@hospicewr.org

Questions?
Please contact Joan Ibbett at 216-255-9059 or jibbett@hospicewr.org

All classes are 9:00 a.m.—3:00

Thursdays – January 30 & February 6
West Campus
22730 Fairview Center Drive
Fairview Park, OH 44126

Fridays – February 21 & 28
East Campus
34900 Chardon Rd.
Building 1 – Suite 105
Willoughby Hills 44094

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