At the time of printing, all in-person groups have been postponed or cancelled. Please check the status of your group by calling 216.486.6838 or emailing thebereavementcenter@hospicewr.org. If you are interested in virtual groups, please email us at thebereavementcenter@hospicewr.org.

Bereavement Support Groups

Unless otherwise noted, our support groups are open to anyone who has had a loved one die. Groups are subject to change. Please call to verify time and location.

Adult Support Groups

Circle of Hope

SERIES An educational support group for adults who have had a loved one die. Please call the facilitator listed below for more information. Registration is required no later than a week prior to start date.

Ashtabula Office
Wednesdays, June 17 – July 22
10:30 a.m. to Noon
Susan Hamme 440.596.3582

Lakeshore Campus
Fall dates to be announced

The Robertson Bereavement Center
Fall dates to be announced

West Campus
Mondays, June 15 – July 20
6:30 to 8 p.m.
Judy Beckman 440.414.1731

Circle of Hope: Art Therapy Edition

SERIES A six-week art and educational support group for adults who have had a loved one die

The Elisabeth Severance Prentiss Bereavement Center
Wednesdays, July 15 – August 19
10 a.m. to Noon.
Mollie Borgione 216.486.6544 or mborgione@hospicewr.org

Hope & Healing

MONTHLY An ongoing monthly support group for grieving adults. Registration is not required. Please call facilitator for more information.

Lakeshore Campus
Third Tuesday of the month
6 to 7:30 p.m.
April Ratcliffe 216.383.3782

The Robertson Bereavement Center
Second Tuesday of the month
3 to 4 p.m.
JoDee Coulter 330.662.4240

East Side
Mentor Public Library
8215 Mentor Avenue, Mentor
First Tuesday of the month
10 to 11 a.m.
Lisa Florjancic 440.853.5365

Hopeful Hearts

MONTHLY A support group for anyone aged 60 and over who has experienced the death of someone special in the past two years

Avon Lake
Holy Spirit Parish Center
410 Lear Road, Avon Lake
Fourth Tuesday of the month
1 to 2:30 p.m.
Mary Ellen Jordan 440.414.1737

Seniors
For seniors who have experienced a loss
Please call for dates
1 to 2:30 p.m.

Lakewood Senior Center
16024 Madison Avenue, Lakewood
Judy Beckman 440.414.1737

 Parents Together

MONTHLY For parents who have experienced the death of an adult child

Lakeshore Campus
Second Wednesday of the month
2:30 to 4 p.m.
Shawn Eigenbrode 216.486.6364

Partly Hearted Babies

MONTHLY A support group for parents who have experienced the death of an infant

Lakeshore Campus
Second Tuesday of the month
3 to 4 p.m.
April Ratcliffe 216.383.3782

Elders
For seniors who have experienced a loss
Please call for dates
1 to 2:30 p.m.

Lakestow Senior Center
16024 Madison Avenue, Lakewood
Judy Beckman 440.414.1737

Parent Loss

MONTHLY A support group for adults adjusting to life after the death of one or both parents.

West Campus
Fall dates to be announced
Partner/Spousal Loss Groups

Monthly support groups for adults who have experienced the death of a spouse, partner or significant other. Groups are open-ended and ongoing. Registration is not required.

New Beginnings
MONTHLY For adults in middle life
West Campus
Second Wednesday of the month
6:30 to 8 p.m.
Mary Ellen Jordan 440.414.1737

New Journey
MONTHLY For adults of any age
Ashtabula Office
First Thursday of the month
11 a.m. to 12:30 p.m.
Susan Hamme 440.596.3582

The Elisabeth Severance Prentiss Bereavement Center
Fourth Thursday of the month
10 to 11:30 a.m.
Kathryn Harrison Brown 216.486.6331

Horizons
MONTHLY For adults in late life
Mayfield Village Baptist Church
6500 Highland Road, Mayfield
Second Tuesday of the month
1 to 2:30 p.m.
Kathryn Harrison Brown 216.486.6331

Yoga Matters
Designed for caregivers & bereaved
ONGOING Give yourself the gift of time and attention. Practicing yoga helps you tune into yourself and take care of your physical, emotional and spiritual needs. Classes held at Hospice of the Western Reserve Lakeshore Campus.
Wednesdays, 5:30 to 6:45 p.m.
Fee: $40/month or $12 Drop-in (sliding scale fee available)
Please call 216.486.6838.

Women’s Workshop
A periodic workshop for women who have lost their partner, significant other or spouse. Please call for date and to register.
Panera Bread
19705 Center Ridge Road, Rocky River
6 to 8 p.m.
Judy Beckman 440.414.1731

Healing the Heart
Grief after an overdose death
Please call to register.
East Campus
First Tuesday of the month
6 to 7:30 p.m.
Shawn Eigenbrode 216.486.6364 or seigenbrode@hospicewr.org

Restoring Hope
Grief support group for those who have lost a loved one due to a drug overdose
Registration is required.
West Campus
Tuesdays, July 7 – August 11
6:30 to 8 p.m.
Judy Beckman 440.414.1731

ADULT RETREAT:
Healing and Well-Being
Through the Heart of a Horse
Join us for a day of healing and well-being through the compassionate heart of the horse and calming beauty of nature.
Pebble Ledge Ranch
9725 Cedar Road, Novelty
Saturday, October 10, 2020
9 a.m. to 4 p.m.
Register by October 1.
Call to register 216.486.6838
Healing Arts Workshops SUMMER 2020

Healing Arts Workshops provide grieving people with a creative outlet for their grief and are open to the community. No art experience is necessary. Please call Mollie Borgione at 216.486.6544 or email her at mborgione@hospicewr.org to register no later than four days in advance of workshop date. Suggested $5 donation for supplies.

ART FOR RELAXATION: LANDSCAPES OF THE HEART
Painting a natural landscape can sometimes help reveal one’s emotional landscape. You can paint a scene from our grounds on the lake if weather permits at our Lakeshore Campus to express mood and feeling. At any of the workshops, you can also paint from a stock photograph, bring your own or just paint how your grief feels.

The Elisabeth Severance Prentiss Bereavement Center
Thursday, August 13
6:30 to 8:30 p.m.
West Campus
Tuesday, August 18
6:30 to 8:30 p.m.
Christ Episcopal Church
3445 Warrensville Center Road, Shaker Heights
Wednesday, August 26
6 to 8 p.m.
Please note the time.

WORDS AND SNAPSHOTS: PHOTOGRAPHY AND JOURNALING GRIEF SERIES
This five-week series is for those who desire a more introspective way to convey their feelings of grief for their loved one through digital photography and writing. Participants will need their mobile phone or another digital camera to take photos and the ability to either email or print them. (Space is limited, so register early!)

The Elisabeth Severance Prentiss Bereavement Center
Wednesday, September 2 – 30
10 a.m. to Noon
Mollie Borgione 216.486.6544 or mborgione@hospicewr.org

KIDS ART: MEMORY PUZZLE
We all have lots of memories of time spent with our loved ones. They are like a jigsaw puzzle that we put back together in our hearts so that we remember them. Participants will each be given pre-cut pieces to decorate with memories, then they will put the pieces back together to make a meaningful shape. Ages 6+. Kids are invited to bring family members along for this workshop. Light refreshments provided.

The Elisabeth Severance Prentiss Bereavement Center
Tuesday, July 28
6:30 to 8:30 p.m.
West Campus
Tuesday, August 4
6:30 to 8:30 p.m.

FABRIC AND FEELINGS
A group where participants use fabric techniques such as quilting (sometimes involving clothing from loved ones) or photo transfer to create quilts, pillows, dolls and other types of lasting memories. Sewing expertise is not necessary.

The Elisabeth Severance Prentiss Bereavement Center
Thursdays, 2 to 4 p.m.

SAVE THE DATE
GRATITUDE FLAGS
Prayer flags are hung high outdoors all over Tibet, Nepal and India. They are hung to send out blessings and wishes to the world. The traditional Tibetan belief is that the prayers of a flag become a permanent part of the universe as they are weathered by rain, snow and sun. In this workshop, you will decorate a string of flags to send out your gratitude and appreciation for your loved one’s life into the world.

The Elisabeth Severance Prentiss Bereavement Center
Thursday, September 10
6:30 to 8:30 p.m.
West Campus
Tuesday, September 22
6:30 to 8:30 p.m.
Christ Episcopal Church
3445 Warrensville Center Rd., Shaker Heights
Wednesday, September 23
6 to 8 p.m.
Please note the time.

PUTTING THINGS BACK TOGETHER
A familiar feeling after the death of a loved one is the loss of control in our lives. We ask, “Who am I now? What will my life look like now?” This art therapy and gentle movement workshop collaboration will be centered around regaining control and putting your life back together after the loss of your loved one. Vanessa Smylie, one of our bereavement coordinators who is also an experienced dance instructor, will co-facilitate. (Accommodations will be made for those who need to sit.)

West Campus
Tuesday, July 7, 6:30 to 8:30 p.m.
Christ Episcopal Church
3445 Warrensville Center Road, Shaker Heights
Wednesday, July 15, 6 to 8 p.m.
Please note the time.

The Elisabeth Severance Prentiss Bereavement Center
Thursday, July 23, 6:30 to 8:30 p.m.

The Elisabeth Severance Prentiss Bereavement Center
Thursday, September 10
6:30 to 8:30 p.m.
West Campus
Tuesday, September 22
6:30 to 8:30 p.m.
Christ Episcopal Church
3445 Warrensville Center Rd., Shaker Heights
Wednesday, September 23
6 to 8 p.m.
Please note the time.